



JLPS Curriculum overview for: PE

Year group	Main theme/skills/knowledge/context		
1	<ul style="list-style-type: none"> - Swimming - Rolling, Throwing, Catching - Gymnastics - Travelling - Team Games e.g. Football, Netball and Rugby. - Dance - Divali 	<ul style="list-style-type: none"> - Swimming - Fitness and Circuit Training - Hitting the Target Games, Ball, hoop and beanbag Games 	<ul style="list-style-type: none"> - Swimming - Athletics and Sports Week - Running, kicking and dribbling Games - Team Games e.g. Football, Netball and Rugby.
2	<ul style="list-style-type: none"> - Swimming - Rolling, Throwing, Catching - Gymnastics - Travelling - Team Games e.g. Football, Netball and Rugby. - Dance - Seaside 	<ul style="list-style-type: none"> - Swimming - Fitness and Circuit Training - Hitting the Target Games, Ball, hoop and beanbag Games 	<ul style="list-style-type: none"> - Swimming - Athletics and Sports Week - Running, kicking and dribbling Games - Team Games e.g. Football, Netball and Rugby.
3	<ul style="list-style-type: none"> - Swimming - Netball (1) - Basketball (1) - Gymnastics - Balancing and Sequences (1) 	<ul style="list-style-type: none"> - Swimming - Fitness and Circuit Training - Tag Rugby (1) - Dance - Life Cycles 	<ul style="list-style-type: none"> - Swimming - Cricket (1) - Athletics (1) and Sports Week - Orienteering (1)
4	<ul style="list-style-type: none"> - Swimming - Netball (1) - Basketball (1) - Gymnastics - Balancing and Sequences (1) 	<ul style="list-style-type: none"> - Swimming - Fitness and Circuit Training - Hockey (1) - Dance - The Olympics 	<ul style="list-style-type: none"> - Swimming - Tag Rugby (2) - Cricket (2) - Athletics (2) and Sports Week
5	<ul style="list-style-type: none"> - Swimming - Netball (3) - Basketball (3) - Gymnastics - Symmetry and Sequences (2) 	<ul style="list-style-type: none"> - Swimming - Fitness and Circuit Training - Tag Rugby (3) - Dance - Rivers 	<ul style="list-style-type: none"> - Swimming - Orienteering (2) - Athletics (3) and Sports Week - Cricket (3)
6	<ul style="list-style-type: none"> - Swimming - Netball (4) - Basketball (4) - Gymnastics - Symmetry and 	<ul style="list-style-type: none"> - Swimming - Fitness and Circuit Training - Hockey (2) 	<ul style="list-style-type: none"> - Swimming - Tag Rugby (4) - Athletics (4) and Sports Week

	Sequences (2)	- Dance - The Olympics	- Cricket (4)
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