



## Joy Lane Primary School Menu

| WEEK 1 | Monday                                  | Tuesday                       | Wednesday               | Thursday                           | Friday  |
|--------|---|-------------------------------|-------------------------|------------------------------------|---|
|        | Beef Bolognese with Wholemeal Spaghetti | Chicken Vegetable Pie & Gravy | Roast Gammon with Gravy | Creamy Chicken Casserole           | Cheese & Tomato Pizza                         |
|        | Macaroni Cheese                         | Cheese & Onion Whirls         | Vegetable Hotpot        | Vegetable Goulash                  | Breaded Salmon & Broccoli Fishcakes           |
|        | Green Beans                             | Mashed Potatoes               | Roast Potatoes          | Rainbow Rice                       | Chips   |
|        |   | Fresh Carrots                 | Mixed Vegetables        | Green Beans                        | Peas  |
|        | Apricot Goodie & Custard                | Golden Krispie Cake           | Banana Custard          | Chocolate Sponge & Chocolate Sauce | Fruit Jelly & Ice Cream (Cream for Serveries) |

| WEEK 2 | Monday                         | Tuesday                   | Wednesday                                  | Thursday             | Friday                    |
|--------|--------------------------------|---------------------------|--|----------------------|---------------------------|
|        | Pork Sausages                  | Lasagne with Garlic Bread | Roast Turkey with Stuffing & Gravy         | BBQ Chicken          | Wholemeal Breaded Cod     |
|        | Sweet Potato & Lentil Curry    | Vegetable Chilli          | Crunchy topped Cauliflower & Broccoli Bake | Quorn Bolognese      | Cheese & Vegetable Parcel |
|        | Mashed Potatoes                | Wholemeal Penne Pasta     | Roast potatoes                             | Jacket Potato        | Chips                     |
|        | Boiled Rice                    | Broccoli                  | Carrots                                    | Sweetcorn Cobettes   | Baked Beans               |
|        | Peas                           | Cauliflower               | Green Beans                                | Peas                 | Fresh Tomato              |
|        | Jam & Coconut Sponge & Custard | Oat Cookie with Milk      | Rice Pudding with Pears                    | Cherry Pie & Custard | Flapjack                  |

| WEEK 3 | Monday                                    | Tuesday                       | Wednesday                         | Thursday                      | Friday                    |
|--------|---|-------------------------------|-----------------------------------|-------------------------------|---------------------------|
|        | Pork Meatballs in Tomato Sauce with Pasta | Chicken Curry with Mixed Rice | Roast Beef with Yorkshire Pudding | Cheese & Ham Quiche           | Cod Fish Fingers          |
|        | Vegetable Pasta Bake                      | Roasted Vegetable Risotto     | Lentil Roast                      | Curried Vegetable Pasty       | Vegetable Lasagne         |
|        | Mixed Vegetables                          | Cauliflower                   | Roast Potatoes                    | Mashed Potato                 | Chips                     |
|        | Sweetcorn                                 | Peas                          | Cabbage & Carrots                 | Rainbow Coleslaw/ Green Beans | Baked Beans/Peas          |
|        | Apple Crumble & Custard                   | Lemon Drizzle Cake            | Fruit & Cream Meringues           | Shortbread                    | Banana & Chocolate Muffin |

